



ANNUAL OB-GYN POSTGRADUATE COURSE

Think Global, Act Local:

Elevating Women's Health Across Borders

JUNE 17-19, 2026
MANILA HOTEL



09327364500



WWW.PUSH2026OBGYN.COM

DAY 1: JUNE 17, 2026 (WEDNESDAY) PART I

Opening Ceremonies

Moderator: Dr. Gia C. Pastorfide

8:00 am	Invocation Lupang Hinirang UP Naming Mahal	Dr. Dana Lee M. Benitez Chief Resident
8:05 am	Opening Remarks	Dr. Lourdes B. Capito Foundation President
8:10 am	Welcome Remarks from the Department Acting Chair	Dr. Maria Jesusa B. Banal-Silao Department Acting Chair
8:15 am	Welcome Message from the Overall Chair of PUSH 2026	Dr. Maria Geraldine C. Torralba PUSH 2026 Overall Head
8:20 am	Opening of Booths and Ribbon Cutting	Dr. Sherri Ann L. Suplido PUSH 2026 Ways and Means Head
8:25 am	Overview of the Course	Dr. Lara Marie David-Bustamante PUSH 2026 Scientific Committee Head

Session 1: Reproductive Medicine I

Moderator: Dr. Gia C. Pastorfide

8:30 - 9:00 am	Rethinking Adenomyosis	Dr. Virgilio M. Novero, Jr
9:00 - 9:30 am	Polyendocrine Metabolic Ovarian Syndrome: From Basic Science to Clinical Translation	Dr. Rosiebel F. Candido-Esguerra
9:30 - 10:00 am	Navigating Infertility Beyond the Basics	Dr. Eileen M. Manalo
10:00 - 10:30 am	KEYNOTE LECTURE: Obstetric and Gynecologic Practice in Transition: Evolving Perspectives in OB-GYN Teaching	Dr. Mario R. Festin Moderator: Dr. Sherri Ann L. Suplido
10:30 - 11:00 am	MORNING SNACK LECTURE – NPK Application of Ultrasound Elastography in Gynecology: An Evolving Diagnostic Tool	Dr. Erlidia F. Llamas-Clark

Session 2: Reproductive Medicine II

Moderator: Dr. Margaret Joyce A. Cristi-Limson

11:00 - 11:30 am	Endocrine Disrupting Chemicals and Endometriosis : The Hidden Link	Dr. Mikaela G. Martinez-Bucu
11:30 - 12:00 pm	STAR TALK: Menopause Management in Challenging Scenarios	Dr. Maria Jesusa B. Banal-Silao



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DAY 1: JUNE 17, 2026 (WEDNESDAY) PART II

12:00 – 1:00 pm LUNCH

Exeltis – Enhancing PMOS Outcomes with Advanced Myo-Inositol

Dr. Maria Jesusa B.
Banal-Silao

DKT – DRSP+EE: The A.C.E. in Combined Oral Contraception

Dr. Agnes L.
Soriano-Estrella

Session 3: Gynecologic Oncology

Moderator: Dr. Doris R. Benavides

1:00 – 1:30 pm

Screening and Early Detection in Gynecologic Cancers: What's Recommended, What's Emerging

Dr. Ana Victoria V. Dy Echo

1:30 – 2:00 pm

Proper Diagnostics and Initial Work-up: A Site-Specific Approach to Gynecologic Malignancies

Dr. Maria Julieta M.
Victoriano-Germar

2:00 – 2:30 pm

Pregnancy and Gynecologic Cancer: ESGO Guidelines in Practice

Dr. Maria Lilibeth L. Sia Su

Moderator: Dr. Ria Arada-Garcia

PANEL: **GO Snapshots**

High-Yield Clinical Scenarios for the Generalist

- Abnormal Uterine Bleeding in Perimenopausal and Postmenopausal Women (AUB-M revisited)
- Approach to Adnexal Mass in Adolescents and Young Women
- Vulvar and Vaginal Lesions: What Not to Miss

2:30 – 3:15 pm

Panelists:

Dr. Jean Anne B. Toral

Dr. Romelyn P.
Imperio-Onglao

Dr. Kareen N. Reforma

Panel Moderator:

Dr. Jericho Thaddeus P.
Luna

3:15 – 3:45 pm

AFTERNOON SNACK – **Besins**

From Lesions to Resolutions: Advancing Cervical Repair and HPV Clearance with Papilocare

Dr. Jericho Thaddeus P.
Luna

Session 4: Obstetrics and Gynecology Pathology

3:45 – 5:00 pm

Pathology Pearls for the OB-GYN

Dr. Jose M. Carnate Jr

5:00 pm

CLOSING



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DAY 2: JUNE 18, 2026 (THURSDAY)

Session 5: Infectious Disease

Moderator: Dr. Florida F. Taladtad

8:00 – 8:30 am	STIs Across the Ages	Dr. Stella Marie L. Jose
8:30 – 9:00 am	Pelvic Inflammatory Disease: Comparative Guidelines from CDC, IUSTI, and WHO	Dr. Lorina D. Quimio-Esteban
9:00 – 10:00 am	Prevention & Management of SSI: Latest Evidence and Strategies	Dr. Maria Angela S. Rodriguez-Bandola
9:30 – 10:00 am	Addressing HIV Controversies in the Philippines	Dr. Analyn T. Fuentes-Fallarme
10:00 – 10:30 am	MORNING SNACK – JNJ Optimizing Patient Outcomes in Cesarean Section and Gynecologic Surgery	Dr. Sybil Lizanne R. Bravo

Session 6: Urogynecology

Moderator: Dr. Joselito A. Santiago

10:30 – 11:00 am	Detective Work in Urogynecology: Tools for the Clinician	Dr. Mary Rani M. Cadiz
11:00 – 11:30 am	Leaks, Laughs, and Life: A Practical Approach to Urinary Incontinence	Dr. Ira Dominique T. Alatraca-Malonzo
11:30 – 12:00 pm	Obstetric Trauma: From Tears to Troubles	Dr. Joanne Karen S. Aguinaldo
12:00 – 1:00 pm	LUNCH SYMPOSIUM – Menarini Charting Horizons for UTI Management Innovations: The UTI Dilemma & The Promise of Phytology	Dr. Sybil Lizanne R. Bravo

Session 7: Ultrasound

Moderator: Dr. Isabelle Julienne A. Figueras-Prieto

1:00 – 1:30 pm	Ultrasound Clues in Adnexal Masses	Dr. Melissa DL Amosco
1:30 – 2:00 pm	Sound Decisions: Ultrasound in GYN and OB Emergencies	Dr. Regina Rosario M. Panlilio-Vitriolo
2:00 – 2:30 pm	Ultrasound in Trophoblastic Disease: From Diagnosis to Treatment	Dr. Maria Febi B. De Ramos
2:30 – 3:00 pm	AFTERNOON SNACK – Multicare Comprehensive Anti-Anemia Therapy: A Critical Step in Patient Blood Management	Dr. Agnes Soriano-Estrella

Session 8: Trophoblastic Disease

Moderator: Dr. Victoria May H. Velasco-Redondo

3:00 – 3:30 pm	Controversies in the Management of H Mole	Dr. Mariel S. Nevado-Gammad
3:30 – 4:00 pm	MTX Matters: Spotting and Managing Adverse Reactions	Dr. Stephanie Fay S. Cagayan
4:00 pm	CLOSING	



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DAY 3: JUNE 19, 2026 (FRIDAY)

Session 9: Maternal-Fetal Medicine I

Moderator: Dr. John Edward O. Tanchuco

8:30 – 9:00 am

STAR TALK: **Intrapartum Fetal Heart Rate Monitoring**

Dr. Valerie P.
Tiempo-Guinto

9:00 – 9:30 am

Guideline Updates on Preterm Labor and PPRM

Dr. Katherine B.
Saravillo-Saniel

9:30 – 10:00 am

MORNING SNACK – **Unilab**

Navigating Nausea and Vomiting in Pregnancy with Pyridoxine

Dr. Sherri Ann L. Suplido

Session 10: Maternal-Fetal Medicine II

Moderator: Dr. John Edward O. Tanchuco

10:00 – 10:30 am

Hypertensive Challenges in Obstetrics

Dr. Lou Dominique DL
Aguinaldo

10:30 – 11:15 am

TANDEM TALK: **Gestational Diabetes Mellitus in Focus**

Dr. Harold Henrison Chiu
Dr. Sherri Ann L. Suplido

11:15 – 11:45 am

Pathways in Intrauterine Fetal Demise

Dr. Ireene G. Cacas-
David

11:45 – 1:00 pm

LUNCH – **Abbott**

Patient Case Discussion: Dydrogesterone in Obstetrics
and Gynecology

Dr. Sherri Ann L. Suplido

Session 11: General Obstetrics

Moderator: Dr. Marites P. Alferez

1:00 – 1:30 pm

Optimizing Outcomes in Fetal Growth Restriction:
From Diagnosis to Delivery

Dr. Pauline Antonette L.
Lim-Reyes

1:30 – 2:00 pm

Beyond the Curve: Understanding Abnormal Labor Patterns

Dr. Agnes L.
Soriano-Estrella

2:00 – 2:30 pm

STAR TALK:

Operative Vaginal Delivery: Forceps and Vacuum in Practice

Dr. Angela S. Aguilar

2:30 – 3:00 pm

Induction of Labor

Dr. Joyceline I. Silao

3:00 – 3:30 pm

AFTERNOON SNACK SYMPOSIUM – **BSV**

From Risk to Resolution: Best Practices in Managing Labor in
High-Risk Cases

Dr. Sherri Ann L. Suplido

Session 12: General Obstetrics

Moderator: Dr. Patrick Jose D. Padilla

4:00 – 4:30 pm

Recognition, Response, and Prevention in PPH

Dr. Carolyn R.
Zalameda-Castro

4:30 – 5:00 pm

Evidence based Contraceptive use across the Reproductive Lifespan

Dr. Mario R. Festin

5:00 pm

CLOSING and TURNOVER to PUSH 2027